

Fresh Food & Nutrition Support for Your Patients

Partner with NourishedRx to connect your patients to fresh, locally sourced food and nutrition support.



What is Nourishing Wake?

Nourishing Wake is a NourishedRx and Wake County joint program to support food and nutrition insecure patients. Funded by the American Rescue Plan Act (ARPA) through Wake County, eligible patients receive **two boxes of fresh, locally sourced food every month for a full year – completely free.**

Who can participate?

Eligible Patients:

- 18+
- Live in Wake County
- Food or nutrition insecure
- Have *one* of the following conditions:
 - Prediabetes or diabetes
 - Hypertension
 - Overweight or obesity
 - Hyperlipidemia

What patients receive each month for 12 months:



Two boxes of healthy food

Personalized to individual tastes and delivered to the patient's doorstep monthly.



Simple tools & guidance

Tools, recipes, and wellness tips in both English and Spanish.

How can I refer my patient?

Seamless Referrals via UniteUs / NC Care 360

NourishedRx is now accepting accepting referrals through NC Care 360 via UniteUs. Look for Program Name: **Nourishing Wake** (Free produce boxes for underinsured Wake County residents).



Please include patient health information in the referral description OR in the notes section of the NCCARE360 Food Assessment Form Submission:



Latest A1c and test date **OR** blood pressure and reading date **OR** height and weight

If your patient currently sees a provider at **Advance Community Health or Urban Ministries of Health**: you or the patient can contact their provider for direct enrollment.

Minimal effort
for clinic staff

Locally sourced,
delivered monthly

Support healthier
patients

Improve patient
satisfaction

In the News



New program delivers free fresh food to families facing health challenges

[Click here to read more →](#)



Wake Co. program bringing foods to families with health challenges

[Click here to watch video →](#)

Enroll Now!

Our goal is to enroll patients by February 1 in order to deliver food through December 2026 to each participant.

Please contact Sarah at scoiro@nourishedrx.com if you would like to connect a new clinic partner to Nourishing Wake.

