



# FEED WAKE

Simple ways you can take action to  
fight hunger in Wake County

Over **126,000 people in Wake County** don't know where their next meal is coming from. Every day, families are forced to choose between paying for vital medications, housing, gas to get to work, or food for their loved ones.

In a county full of food, **no one should go hungry.**

You can make a difference. This guide will show you simple and meaningful ways, big and small, to help ensure every child and family in Wake County has enough to eat.



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*Wake County Cooperative Extension  
is an equal opportunity provider.*



**FOR MORE INFO VISIT:**  
[WWW.WAKE.GOV/FOODSECURITY](http://WWW.WAKE.GOV/FOODSECURITY)



# Bumper Crop Food Drive:

## How-To Guide

### WHAT IS A BUMPER CROP FOOD DRIVE? ARE WE COLLECTING PRODUCE?

Despite the name, a Bumper Crop food drive isn't about collecting fresh produce. The term is a play on words. "Bumper Crop" traditionally means an abundant harvest, and in this case, the "harvest" is bags of donated food gathered from car **bumpers**.

During a Bumper Crop drive, participants bring **non-perishable food and toiletry items** and place them on or near their car bumper during a worship service, workday, or community event. While everyone is inside, volunteers collect the bags and deliver them to a **partner food pantry**.

It's a simple, efficient way for organizations like **places of worship, schools, and businesses** to collect a large amount of food in a single day and support neighbors facing hunger. Here's how you can put on your own Bumper Crop Drive! **Use the template on the next page to create your own flyers for your event!**



#### PLAN

- Find food pantry partner
- Create requested item list - ask the pantry if they have particular needs
- Set a date - ideally a day/time where the group already gathers
- Recruit Volunteers
- Set date for food drop off or pick up



#### PROMOTE

- Promote the event at least a week in advance
- Publish info in your regular newsletters
- Pass out flyers at events/services
- Share on social media
- Be sure to include how to participate & a shopping list



#### COLLECT

- The day of - guests bring the requested items in a box or double bagged paper bags
- Guests place the bag at the rear of their vehicle where it can be easily picked up by volunteers.



#### DELIVER

- During the event, volunteers use carts, wagons, or vehicles to collect donations.
- Donations are then transported in trucks, vans, or trailers to the partner food pantry or designated drop site.

### Tools & Equipment

- **Trucks, vans, or trailers** for transporting donations
- **Large boxes** or sturdy **bins** for loading (ask guests to bring items in boxes or double-bagged paper bags)
- **Gloves** for safe handling (optional)
- **Carts, dollies, or wagons** for collecting from cars
- **Safety vests or bright shirts** (if working in parking areas)



### How Many Volunteers Do I Need?

Small Org (≤150 people)	4 - 6 volunteers	2-4 collectors/loaders 1 driver 1 coordinator
Medium Org (150 - 500 people)	8-12 volunteers	6-8 collectors/loaders 1-2 drivers 1-2 coordinators
Large Org (500+ people)	15-20 volunteers	10-12 collectors/loaders 2-3 drivers 2 coordinators 1 communications lead

FIND MORE  
WAYS TO FIGHT  
HUNGER



FIND A  
PARTNER  
PANTRY:



HOSTING A  
DRIVE? LET  
US KNOW:



For More Info on Fighting Food Insecurity visit: [www.wake.gov/foodsecurity](http://www.wake.gov/foodsecurity)  
Wake County Cooperative Extension is an equal opportunity provider.

# HELP US FEED WAKE FAMILIES

## HOW YOU CAN HELP:



Over 126,000 people in Wake County don't know where their next meal is coming from. Nobody should have to choose medicine or stable housing over feeding their family. **We can help.**

Purchase shelf stable items on the list below and bring them in a sturdy cardboard box or paper bag (double bag is even better). On the collection day **place the bag/box at the front of your car** and volunteers will collect the items during the service/meeting.

### COLLECTION DAY & TIME

### COLLECTION LOCATION

## MOST NEEDED FOOD ITEMS:

### DRY GOODS

- **Canned Fruits** (peaches, pears, oranges, pineapple, fruit cups, etc.)
- **Canned Vegetables** (tomatoes, green beans, carrots, corn, yuca, etc.)
- **Canned Meats** (chicken, salmon, tuna, pork, etc.)
- **Canned Beans** (pinto, black, kidney, cannellinis, chickpeas, baked beans, etc.)
- **Canned Soup** (tomato, beef stew, chicken noodle, sopas de fideo, etc.)
- **Canned Dairy** (evaporated milk, sweetened condensed milk, media crema, coconut milk, etc.)

### CANNED GOODS

- **Cereal & Oatmeal**
- **Pastas** (spaghetti, mac and cheese, bowtie, etc.)
- **Rice** (brown, white, wild, instant, etc.)
- **Lentils** (green, red, brown, etc.)
- **Nut butters** (peanut, almond, hazelnut spread, etc.)
- **Nuts, seeds, trail mix, and granola bars**
- **Baking** (flour, maseca, cocoa, cajeta, sugar, etc.)
- **Oils** (olive, canola, vegetable, corn, etc.)
- **Herbs & Seasonings** (pepper, cumin, garlic, onion, paprika, italian, knorr suiza, adobo, chicken bouillon, oregano, salt, cinnamon, chili powder, tumeric, etc.)
- **Dried Fruit** (raisins, apricots, craisins, prunes, etc.)
- **Dried Beans** (pinto, black, chickpeas, split peas, etc.)
- **Beverages** (instant tea, coffee, drink mixes, juice, water, shelf-stable milk, etc.)

#### Please no:

Glass Jars/Bottles,  
Expired Items,  
Opened Packages,  
Perishable Foods

### NON FOOD ITEMS

- **Paper Products** (toilet paper, paper towels, tissue)
- **Diapers & Wipes** (adult and baby)
- **Hygiene Products** (soap, toothpaste, toothbrushes, hand sanitizer, shampoo, deodorant, etc.)
- **Cleaning Products** (detergent, disinfectant sprays and wipes, sponges, bleach, trash bags, mops, etc.)

**For Questions or  
Concerns - please  
contact:**

Hosted in  
Partnership with  
Wake County  
Food Security  
Program!



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# MOBILIZE YOUR NEIGHBORHOOD

## JOIN PORCH & CHOOSE A LOCAL PANTRY

PORCH Communities is a grassroots organization mobilizing volunteers to create sustainable hunger relief programs in their local areas. Our simple model is used by 2,000 volunteers in 600+ neighborhoods across 16 states.

PORCH provides you with all the tools you need for success. The PORCH Pantries program utilizes volunteers to fill the shelves at their local pantries by collecting non-perishable food items in their neighborhoods once a month. To serve as a neighborhood coordinator you:

For more info visit: <https://porchcommunities.org/porch-programs/porch-for-pantries>



## NON-CONVENTIONAL FOOD GIVEAWAYS

### STOCK A MINI PANTRY

The mini pantry movement is a grassroots, crowdsourced solution to immediate and local need. Whether a need for food or a need to give, mini pantries help feed neighbors, nourishing neighborhoods.

**Find a mini-pantry near you:**

Visit [www.wake.gov/findfood](http://www.wake.gov/findfood), click the **find food** tab and scroll down until you see mini-pantries.

## SMALL ACTS OF KINDNESS GO A LONG WAY

### DONATE WHAT YOU CAN

Even if you can't coordinate a big food drive or donate more than a few cans or a few dollars- every little bit makes a difference. To find a list of most needed items and a pantry near you - please visit [www.wake.gov/findfood](http://www.wake.gov/findfood) and utilize our map to find a pantry.

