



FOOD SECURITY ON COLLEGE CAMPUSES  
WAKE COUNTY, NORTH CAROLINA





# THANK YOU

BY BEING INTERESTED IN THE INFORMATION IN THIS WEBINAR, YOU ARE WORKING TOWARDS A LESS HUNGRY COMMUNITY. THAT DEFINES YOU AS A FOOD SECURITY LEADER. THANK YOU FOR SIMPLY TAKING A STEP FORWARD, TO LEARN MORE ABOUT RESOURCES AND HOW YOU CAN BE A RESOURCE TO SOMEONE IN NEED.

SNAP GOES TO COLLEGE

# WEBINAR AGENDA

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SNAP GOES TO COLLEGE

INTRODUCTIONS

THE PLAN

THE PROBLEM

THE RESOURCES: MORE IN  
MY BASKET

THE RESEARCH

MOVING FORWARD

# SPEAKERS: MORE IN MY BASKET



**MELISSA ROSEBORO,**  
PROGRAM  
COORDINATOR



**EFREN  
MALDONADO  
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OUTREACH  
COORDINATOR





# HOST: NC COOPERATIVE EXTENSION

CAMERON PHIPPS, AMERICORPS VISTA



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## PROJECTS:

STUDENT RESOURCE GUIDE

STUDENTS SUPPORTING  
STUDENTS

HOST PROGRAM

SNAP GOES TO COLLEGE

# FOOD SECURITY

Our Wake County Food Security Program define food security as having enough food & knowing where your next meal is coming from. It means having access to nutritious and culturally relevant food.

**How might this look on a college campus, or for college students?**

## SNAP GOES TO COLLEGE

CHOOSING TO BUY  
SOMETHING ELSE  
INSTEAD OF FOOD

EX/ TEXTBOOKS

UNAFFORDABLE  
ON-CAMPUS FOOD

SKIPPING MEALS,  
ESPECIALLY  
BREAKFAST

UNABLE TO FOCUS



# THE PROBLEM

According to The Hope Center for College, Community, and Justice, 1 out of 3 students are food insecure, based off a study in 2020.

Why?

Students are unaware of state and federal benefits and resources that are available to them, resulting in a **SNAP** gap.

Students also assume that because they are in higher education they are not eligible for food assistance. **College** students typically have the lowest income.



# THE RESEARCH

## Why are students not utilizing SNAP?

"More than one in four (26%) of students experiencing basic needs insecurity said they had not heard of SNAP at all, and more than half (55%) reported they had heard of SNAP but not used the benefit, reflecting significant opportunities to expand awareness of the program." (Hope Center of College, 2023)

Reading over research from Feeding America, The Hope Center for College Community and Justice, and other scholarly journals all conclude that **there is a lack of SNAP outreach on college campuses.**

FIGURE 2. USE OF CAMPUS SUPPORTS AMONG STUDENTS WHO EXPERIENCED BASIC NEEDS INSECURITY, BY SECTOR

	Two-Year Colleges		Four-Year Colleges		Overall	
	N	%	N	%	N	%
Use of SNAP						
Currently Enrolled	12,901	24	3,522	10	16,423	18
Awareness of SNAP						
Have not heard of	14,168	24	12,154	31	26,322	26
Heard of but have not used	31,690	53	23,178	58	54,868	55
Used	14,269	24	4,341	11	18,610	19



Student statements, reported by the Government Office of Accountability:

"I don't tell my family that I'm struggling for food because everyone I know is struggling with money- I don't want to stress them out. It's an uncomfortable conversation to have. I haven't lived with my parents in years, I wouldn't even know how to ask them for help".

"The reality is that I skip meals, I often don't eat lunch. I don't want to get lunch here on campus because it's too expensive. I get headaches, have trouble concentrating. I also have a disability that is worse if I don't eat."





# THE PLAN

## Short term

We want students to be able to focus on their studies, be successful and to be aware of resources if they are unable to focus.



## Long term

We want to diminish the gap between students that are eligible for food assistance, and the amount of students who did not receive those services.



# HOW?

## SNAP GOES TO COLLEGE



Encourage faculty and staff relationships with students, as well as food security training for faculty leaders. Encourage faculty and staff to adopt a syllabi prompt that prioritizes food and housing security, referencing the student resource guide.

End the stigma among students who believe they are not eligible for food assistance; centralize food pantries and normalize the use of them.

Connecting students and faculty to clear information; eligibility requirements for federal assistance are not always transparent.

**Connecting students and faculty to necessary resources; enrolling students for SNAP benefits.**

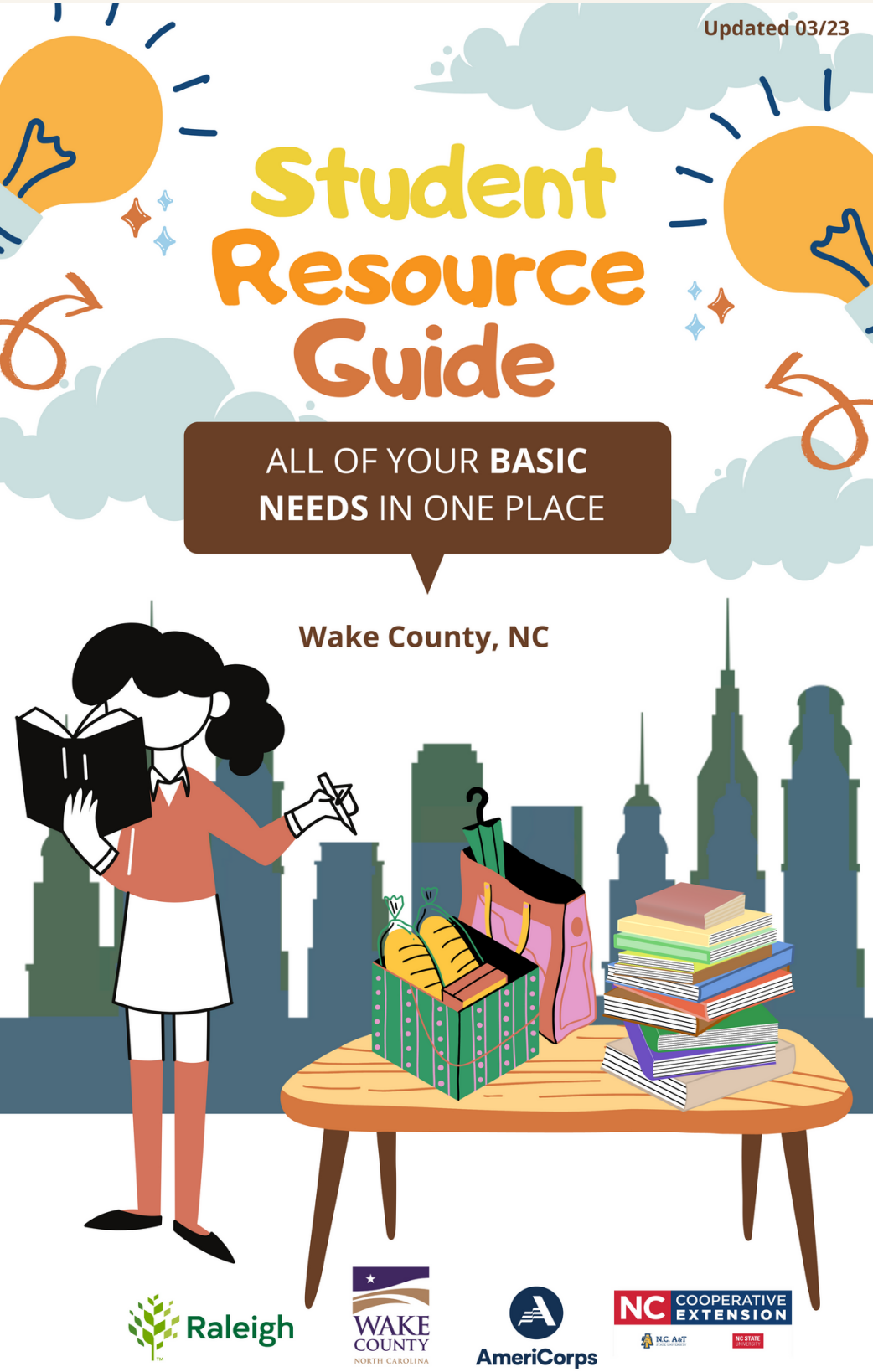
# THE RESOURCES

SNAP GOES TO COLLEGE

STUDENT RESOURCE GUIDE

MORE IN MY BASKET





# STUDENT RESOURCE

## GUIDE



This guide is an interactive tool for anyone who wants access to different resources as a student or for a student. These resources include housing, food, clothing, transportation, childcare, healthcare, and other resources to utilize. This also gives you a step by step guide to SNAP, with a linked screening tool to check SNAP eligibility.



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**For more questions please visit:**

<https://www.morefood.org/contact-us-2/>

## SNAP GOES TO COLLEGE

SNAP APPLICATION  
ASSISTANCE

FOR ALL NORTH  
CAROLINIANS

BILINGUAL  
SERVICES

NOT LIMITED TO  
STUDENTS



SNAP GOES TO COLLEGE

# MOVING FORWARD

GOALS, STRATEGIES, AND HOW TO BE A PART OF THE PLAN.

## ENCOURAGE FACULTY & STUDENT RELATIONSHIPS

According to college officials, faculty and staff are typically the first to speak up on behalf of students of any issues that are arising, especially regarding food.

Faculty prioritizing the health of their students will ensure the success of that student in their class.

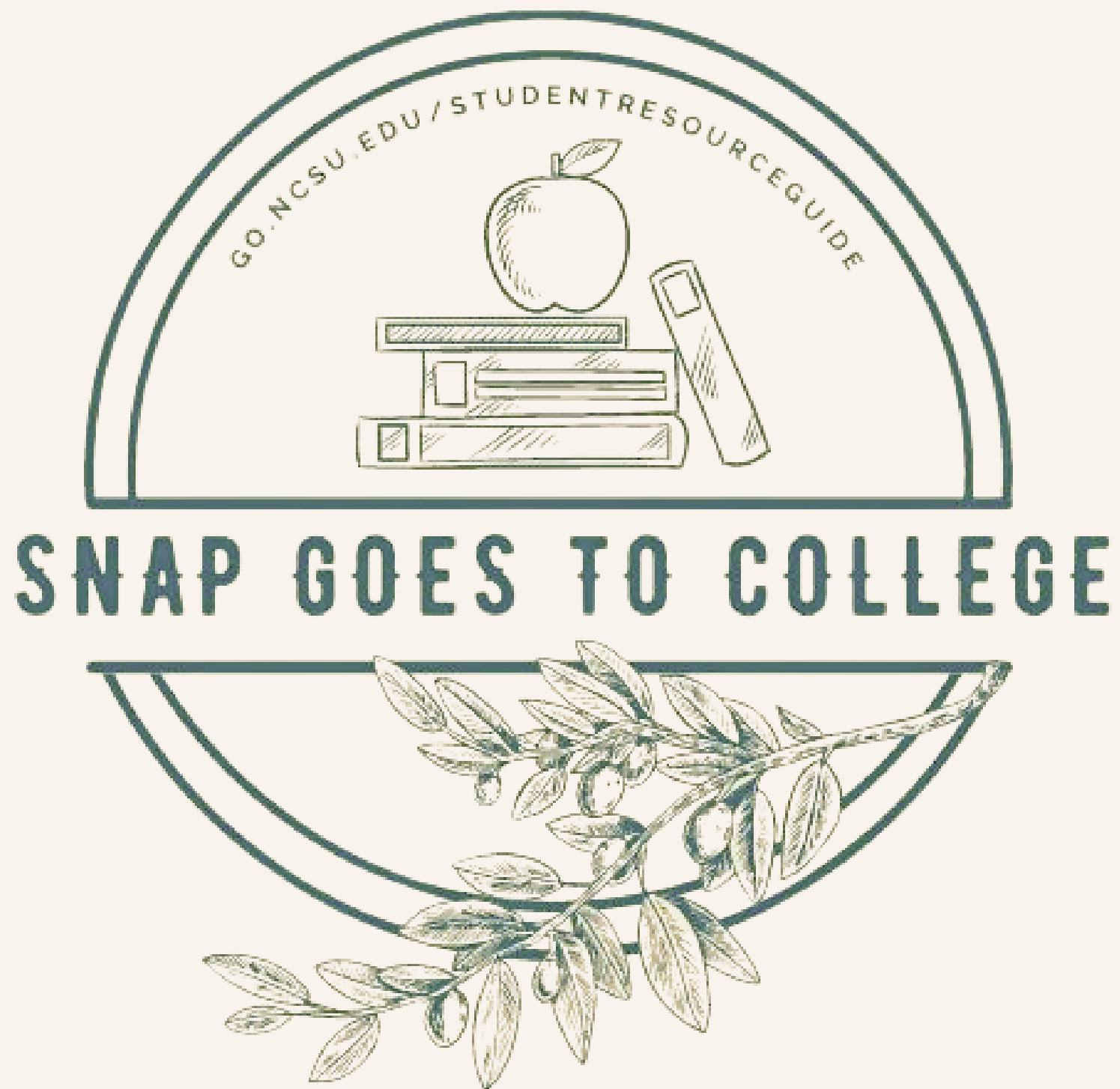
## CENTRALIZE STUDENT SERVICES

We want to imagine a one stop shop for all student services.

## TRANSPARENT, SIMPLE AND INCREASED COMMUNICATION; EMERGENCY SERVICES

Conversations regarding food security need to be normalized and more common. Having clear communication in how to be involved in the assistance programs is also key to increasing participation in these beneficial programs. College Campuses should also have emergency funds for those experiencing hardships.





SNAP GOES TO COLLEGE

# WHAT YOU CAN DO

Students: Volunteer at your on campus food pantry. Be active in your community and ask questions when you notice that basic needs are not being met. Stay tuned for information of student coalition paid positions for basic needs.

Faculty and Staff: Adopt a syllabus blurb that addresses food and housing security that links the student resource guide.

Food Security Leaders: Act as a referral source for More in My Basket. Stay tuned into the conversation.

# TUNE INTO THE NEXT WEBINAR

Live

Session will be recorded.

August 9th, 2023  
1:30 PM EST



## SNAP Goes to College: Food Pantry Grants and Partners

This webinar will discuss upcoming food pantry grant opportunities through the Cooperative Extension and demonstrate the Pantry Patrol app created to track, monitor, and eliminate food waste.

[Register Now](#)



Cameron Phipps,  
College Hunger &  
Housing AmeriCorps  
VISTA



Sydney Mierop,  
Food Security  
Manager of  
Wake County



Arnav Meduri,  
Abhinav Meduri, and  
Siddharth Maruvada;  
creators and founders  
of Pantry Patrol



# WE ARE RECRUITING!

Are you a college student in Wake County?  
Would you like to gain paid experience in local government and policy?  
Do you work well on a team?  
Are you passionate about food and housing security?  
Are you curious about what we can do to address student insecurities?

For more information, or to answer any questions, please feel free to reach out to the contacts below:

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Working Together to Be Successful:

## STUDENTS SUPPORTING STUDENTS



If you answered yes to some of these questions, please scan the QR code to access the interest form and more information.



THANK YOU

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# CITED SOURCES

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