

## Sensory tips & Activity suggestions

### Busy places

- The busiest time to visit is usually early to mid-morning. Quieter times are generally mid- to late weekday afternoons, early Saturday mornings, and early afternoon on Sundays. The park grounds are open from 8:30 a.m.–sundown every day, and the goats are out (weather permitting) from 9 a.m.–4:30 p.m. Monday–Saturday and 1:30–4:30 p.m. Sunday.
- The Farmer's Corner is a very popular young children's play area, but please be aware that it can get very busy and loud during popular times (mornings and afternoons).

### Quiet places

- The walking trails (Jones Creek Trail 0.7 miles, Hunnicut Trail 0.4 miles) offer quiet, shady opportunities to explore. The pecan grove also provides a shady area to rest or picnic under one of the historic pecan trees. The fishing pond also offers a quiet recreational opportunity (bring your own supplies, NC freshwater fishing regulations apply).

### Tips for a great visit

- Places that offer more interaction and sensory opportunities include the "All in a Day's Work" play area in the Livestock Barn, and the "A Complicated Freedom" and "A Growing Challenge" exhibits in the Tenant House. Interpretive exhibits are also located in the Farm History Center, Cotton Gin House and Plank Kitchen.
- Be sure to visit our goats, and you can even bring carrot pieces or apple slices and feed them a treat! (Please check in with staff before feeding them). The chickens, located next to the Tenant House, are also fun to watch as they scratch in and around their coop!