Use Prescription Drugs Safely

- Learn why you have been prescribed a drug. Know how to take it the right way and when you should stop taking it.
- Read and follow the warning labels on your prescription. Ask the pharmacist if you are not sure what a label means.
- Take only the amount of drug prescribed for you. Never take higher doses or change the dose without talking with your doctor first.
- Take drugs only for the time prescribed.
- Ask the pharmacist if the drug's effect changes when used with other drugs, alcohol or food.
- Never take a drug prescribed for someone else.
- Don't crush or break pills unless the doctor tells you to.
- Put drugs in a locked drawer or cabinet to keep others from taking them by accident or misusing them.
- Don't take drugs after their expiration date. Some expired drugs can cause harm.
- Dispose of unused or expired drugs. Take them to a medicine drop box to get rid of them safely. If you can't get to medicine drop box:
 - 1. Take the drug out of the bottle or package it came in.
 - 2. Mix it with coffee grounds or cat litter and put it in sealed plastic containers or bags.
 - 3. Throw the sealed container or bag into the trash.

Medicine Drop Boxes in Wake County, NC

Apex Police Department 205 Saunders St. Apex 919-362-8661 Monday–Friday 8 a.m.–5 p.m.	Fuquay-Varina Police Department 114 N. Main St. Fuquay-Varina 919-552-3191 24/7	Holly Park Pharmacy 3058 Wake Forest Rd. Raleigh 919-865-9993 Monday–Friday 8 a.m.–5 p.m. Saturday 10 a.m.– 1 p.m	Morrisville Police Department 260 C Town Hall Dr. Morrisville 919-463-1600 Monday–Friday 9 a.m.–5 p.m.	Wake County Law Enforcement Training Center (Operated by Sheriff's Office) 2300 Law Enforcement Dr. Raleigh 919-856-6900 Monday–Friday 8 a.m.–5 p.m.	Wake County Human Services Public Health Center 10 Sunnybrook Rd. Raleigh 919-250-4553 Monday–Friday 8:30 a.m.–8 p.m. Saturday 8:30 a.m.–4:30 p.m.
Cary Police Department 120 Wilkinson Ave. Cary 919-469-4012 Monday–Friday 8 a.m.–5 p.m.	Garner Police Department 912 7th Ave. Garner 919-772-8810 Monday–Friday 8 a.m.–5 p.m.	Holly Springs Police Department 750 Holly Springs Rd. Holly Springs 919-557-9111 24/7	Wake Forest Police Substation 221 S. Brooks St. Wake Forest 919-554-6150 Monday–Friday 8 a.m.–5 p.m.	Wake County Sheriff's Office (Lobby) 330 S. Salisbury St. Raleigh 919-856-6900 Monday–Friday 8 a.m.–5 p.m.	Locations do not accept needles or liquids (unless otherwise stated)



WAKE COUNTY DRUG OVERDOSE PREVENTION COALITION



919-212-9674



Ask the pharmacist for information about medicines you take.