

Easy Frozen Greek Yogurt Popsicles

These lollies are seriously cool customers for those hot summer days! What could be more refreshing than frozen yogurt and fresh fruit? The kids will love eating them, and have a great time making them!

Ingredients:

4 ct, 5.3 oz cups Greek Yogurt

(we used strawberry yogurt and peach yogurt)

2 tablespoons of honey (or another sugar alternative)

1-2 cups of fruit, cut into small pieces

(we used strawberries and blueberries)

Directions:

1. Mix the first ingredients in a medium sized bowl.
2. Fill each popsicle mold about $\frac{3}{4}$'s full of the Greek yogurt mixture.
3. Add the fruit to the popsicle molds filled with the Greek yogurt! Once you add the fruit, you can add more Greek yogurt to top it off if needed.
4. Place in the freezer for 1-2 hours, or until the popsicles are frozen. If they are hard to remove from the molds, run a little bit of warm water on the outside of the mold to help loosen them!

Enjoy!



Additional Information

Prep Time: 10 minutes | Freeze Time: 6-8 hours | Servings: 4-6 popsicles |

WARNING: The following recipes may contain nuts or other allergens