

## What Does It Mean To Be A Christian?

**Disciple** = one who follows a teacher to learn their **WAYS** and become more **LIKE THEM**.

To follow Jesus, this meant a complete change of the **HEART** and **MIND** of the disciple. We call this **SPIRITUAL GROWTH**.

### Two myths of spiritual growth:

Matthew 9:14-17, 16:24-28, 28:16-20, John 15:1-17, Romans 12:1-2

1. Spiritual growth just happens **OVER TIME**.

Spiritual growth is actually an **INTENTIONAL DECISION**.

2. Spiritual growth is measured by how much **I KNOW**.

Spiritual growth is actually measured more by our **BEHAVIOR** than **BELIEFS**.

### The process of spiritual growth (Discipleship):

We need to hear how much **GOD LOVES US**.

We make a decision to **FOLLOW HIM**.

We get **BAPTIZED**.

We commit to **LEARNING** and **GROWING** together.

We start **SERVING** and **LOVING** like Jesus did.

We continue a pattern of **DAILY SURRENDER**.



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### The process of spiritual growth (Discipleship):

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We make a decision to \_\_\_\_\_.

We get \_\_\_\_\_.

We commit to \_\_\_\_\_ and \_\_\_\_\_ together.

We start \_\_\_\_\_ and \_\_\_\_\_ like Jesus did.

We continue a pattern of \_\_\_\_\_.



## DISCUSSION GUIDE

These questions are designed to help groups discuss the weekend teaching while building relationships with each other and applying God's Word to our lives.

*October 5, 2025*

### WARM UP



1. What apps do you use the most? (Hint: If you're not sure, you can check in your phone settings.)
2. Let's do a little in-app Scavenger Hunt! Download or update the North Coast Church app and create an account if you haven't already.
  - Follow someone from this Life Group in the app.
  - What was today's Daily Scripture passage?
  - How many episodes have been released of the first App Exclusive series?
3. What part of this weekend's message resonated with you the most, and why?

### KNOW IT



1. You could say Chris' favorite word is "remain." Looking back at John 15:1-11, what does the word "remain" communicate? How is it different from just believing or following?
2. This weekend, Chris mentioned Romans 12:1-2 as an integral part of being a true disciple. Being that we are not called to be conformed to the world, but rather conformed to Jesus, give 3-5 hallmarks of what a transformed life should look like.
3. Romans 12 begins with the word "Therefore," which points us back to what came just before. Read and discuss Romans 11:33-36. How do these verses set the stage for Paul's call to live as true disciples? How could they motivate us to "stay the course" when following Jesus gets hard?

## SHARE IT



1. This weekend, we looked at six key steps in the life of a Jesus follower—these are also the six 'badges' you'll find in the app. Can you share about a time you took one of these steps for the very first time and how it impacted or transformed you?

2. Jesus repeats "remain" 11 times in John 15, showing how central it is to our walk with Him. Can you think of a season when it was hard for you to remain in Him? What made it difficult, and how did you experience His faithfulness during that time?

## LIVE IT



1. As you reflect on this weekend's message, what is your next step of discipleship (whether it is one of the six badges or not)?

2. Challenge: Complete the Daily Habits in the app every day for a week. (Bonus: Follow each other in the app and get notified when someone in your group has a prayer request or is praying for you). Come back next week and share about the experience.