

Dear Parents:

Thank you all so much for your support this week with our students wearing masks. I know this is a polarizing topic, but please understand that this was a difficult decision that was made with our families in mind. I would like to thank our pastors, SAT, Mr. Dennis at St. Mary's, and the health department for their input and guidance on this matter. I ask for your prayers as we move forward, so that I can help our school navigate its way through this difficult year and that our community can stay healthy.

On a much more positive note, we received the 100 new Chromebooks that we ordered with our EANS grant money this week! These computers, coupled with our new server, have greatly upgraded our technology arsenal. These two new purchases will aid our students in becoming the most effective 21<sup>st</sup> century learners that they can be. We were also able to purchase some portable seating that gives our teachers and students some options in the classrooms. We will continue to upgrade our facilities to give our students the best learning environment possible. We will keep you posted on the progress of this journey as the school year continues.

God Bless!

Mr. Detzel

**Support St. Lawrence LIVE** - We want to thank the Civista Charitable Foundation for its Platinum Sponsorship of our St. Lawrence LIVE event! This is the third year of sponsorship from this foundation at the platinum level and we are grateful for the continued support.

Here's how you can support our school's largest fundraiser:

**Take a Chance on Mega Split-the-Pot:** Ticket sales for St. Lawrence LIVE's mega split-the-pot begin during car line Friday, Sept. 3. Sales will continue after St. Lawrence Church masses beginning Sept. 4-5. Cash or check accepted. Only 200 tickets will be sold. Each ticket is \$100, giving you a 1-in-200 chance at a \$10,000 prize! Winner will be announced at St. Lawrence LIVE on Oct. 23. Need not be present to win!

**Donate a Raffle Item:** Our St. Lawrence LIVE planning committee continues to accept raffle item donations. Past donations have included sporting event tickets, gift baskets, gift cards and hand-made goods. To make a donation, email [stlawrencelive@gmail.com](mailto:stlawrencelive@gmail.com).

**Become a Sponsor:** St. Lawrence LIVE is still accepting sponsors for our 2021 event. A variety of sponsorship levels are offered. Learn more at [stschool.com/live](http://stschool.com/live).

**Buy a Ticket:** Tickets for St. Lawrence LIVE are now \$60 each and include dinner, 2 drink tickets and live entertainment by the band Zack Attack. Learn more or purchase tickets online at [stschool.com/live](http://stschool.com/live).

**Lawrenceburg Fall STEAM Camp** – Lawrenceburg Community Center is hosting a STEAM Camp October 11th-15th from 11:30 a.m. – 3:00 p.m. The camp will focus on various STEAM applications for students. Students in grades 3<sup>rd</sup>-8<sup>th</sup> are encouraged to apply for the camp. The camp will cover computer coding, robotics, maker space, and biotechnology. The cost of the camp is just \$15 for the week per child. The fee will also cover enrolling your child into the Dearborn County 4-H program for a year and snacks will be provided. If interested, contact the Lawrenceburg Community Center at 812-532-3535 or Liz Beiersdorfer at 812-926-1189.

Follow us- Twitter: @SLSPanthers



Facebook: St. Lawrence Catholic School



**Grandparents' Day** – We are going to do our best to still have Grandparents' Day at St. Lawrence School this year. This is one of our favorite days of the year, but with the rise in Covid cases, we want to take every precaution we can to keep everyone safe while still welcoming our grandparents. With that in mind, we are planning on having Grandparents' Day on Friday, September 17<sup>th</sup> in the afternoon. This special day will look a little different than in years past. More information will be sent out soon, but please save this date.

**Facebook and Twitter** –Please follow us on Twitter (@SLSPanthers) and on Facebook to see what is going on in our school.

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## ***Important Dates***

8/31/21 – Cross Country Meet @East Central

9/2/21 – Cross Country Meet @ Moores Hill

9/6/21 – No School – Labor Day

9/10/21 – Picture Retake Day

9/13/21 – 9/17-21 – Book Fair

9/15/21 – E-Learning Day

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## ***Academic Corner –***

Sleep can effect mood, concentration, and performance which are all expectations for students during a school day. When a child comes to school tired those simple daily tasks can become more difficult. Controlling emotions can be a challenge, and the child can appear apathetic or uninterested. School nights require a routine that allows your child plenty of sleep, and while it can be difficult to rid the summer habits, it is vital to your child's success to do so. According to the Nationwide Children's Hospital there are many things parents can do to help teach and instill healthy sleep habits for children such as:

- Develop a regular sleep schedule. Your child should go to bed and wake up at about the same time each day.
- Maintain a consistent bedtime routine. School-aged children continue to benefit from a bedtime routine that is the same every night and includes calm and enjoyable activities. Including one-on-one time with a parent is helpful in maintaining communication with your child and having a clear connection every day.
- Set up a soothing sleep environment. Make sure your child's bedroom is comfortable, dark, cool, and quiet. A nightlight is fine; a television is not.
- Set limits. If your school-aged child stalls at bedtime, be sure to set clear limits, such as what time lights must be turned off and how many bedtime stories you will read.
- Turn off televisions, computers, and radios. Television viewing, computer-game playing, internet use, and other stimulating activities at bedtime will cause sleep problems.
- Avoid caffeine. Caffeine can be found in sodas, coffee-based products, iced tea, and many other substances. With busy life styles, you should expect some late nights. Do your best as a family to make those the exception to your week.

**\*\*\*\*The CDC recommends preschool children get 11-12 hours a night, school-aged children at least 10, and teens 9-10 hours of sleep.**

Make sufficient sleep a priority for all family members. If you recognize ongoing sleep problems discuss this with your child's pediatrician or mental health provider.

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