



# Spring Sports Tryouts



**Full Athletic Clearance is Necessary**

<http://olh.sweetwaterschools.org/athletics/>

**Mon, Jan 23 – Fri, Feb 3 → ASB: Nutrition Break – Lunch – Afterschool**

## **Girls Lacrosse – Coach Quigley**

[puckidz@gmail.com](mailto:puckidz@gmail.com)

**Sat, Feb 11 → 9 – 11am**

**Mon, Feb 13 → 4 – 5:30pm**

Stadium Field

## **Softball – Coach Gavin**

[olympianssoftball1@gmail.com](mailto:olympianssoftball1@gmail.com)

**Sat, Feb 11**

**Pitchers & Catchers → 9am – 1:30pm**

**All Other Positions → 10:30am-1:30pm**

Softball Fields

## **Boys Tennis – Coach Lainez**

[daniel.lainezlaguia@sweetwaterschools.org](mailto:daniel.lainezlaguia@sweetwaterschools.org)

**Mon - Thurs, Feb 6 – 9 → 4 – 5:30pm**

Tennis Courts

## **Track & Field – Coach Stilwell**

[morgan.stilwell@sweetwaterschools.org](mailto:morgan.stilwell@sweetwaterschools.org)

**Mon, Feb 6 → 4:15 – 5:30pm**

Home Side Stadium Bleachers

## **Boys Golf – Coach Pennington**

[dpenni9758@gmail.com](mailto:dpenni9758@gmail.com)

**Mon - Fri, Feb 13 - 17 → 4:15pm - Dark**

Chula Vista Golf Course

## **Boys Lacrosse – Coach Quigley**

[puckidz@gmail.com](mailto:puckidz@gmail.com)

**Sat, Feb 11 → 11am – 1pm**

**Mon, Feb 13 → 5:30 – 7pm**

Stadium Field

## **Baseball – Coach Exum**

[olympiandingers@gmail.com](mailto:olympiandingers@gmail.com)

**Sat, Feb 11**

**9<sup>th</sup> & 10<sup>th</sup> Grade → 9 – 11am**

**11<sup>th</sup> & 12<sup>th</sup> grade → 11am – 1pm**

Baseball Fields

## **Swim & Dive**

## **Coach Inzunza & Coach Becerra**

[olympian.aquatics@outlook.com](mailto:olympian.aquatics@outlook.com)

**Mon, Feb 6 → 6:30 – 9pm**

**Tues - Fri, Feb 7 – 10 → 7 – 9pm**

Southwestern College Pool

## **Gymnastics**

**Mon, Feb 20**

More Info to Come

## **Boys Volleyball – TBD**

## **Beach Volleyball – TBD**