



CANDIDA ALBICANS SELF-SCREENING



INTRODUCTION

This Candida Albicans Self-Screening questionnaire was designed by William G. Crook, M.D, to be used for children to identify any predisposition to Candida albicans yeast overgrowth. It is not intended as a means for diagnosis, but rather an additional method for gathering information. The results should be used in conjunction with a "Candida Spit Test" and should help you and your holistic health practitioner evaluate the role Candida albicans contributes to your child's health problems.

INSTRUCTIONS

- The Self-screening questionnaire is based on a scoring system.
- Read through the questions carefully and place the corresponding number in the box based on your response (Yes or No)
- If NO, place **0** in the box on the left hand side;
- If YES, place the number outlined at the end of question in the box on the left hand side.
- At the end, tally your score and use the scoring and interpretation below to understand your results.

SCORING & INTERPRETATION



Score of **60 or more**: Candida Yeasts **possibly** play a role in causing health problems in your child.



Score of **100 or more**: Candida Yeasts **probably** play a role in causing health problems in your child. TOTAL SCORE from Section B



Score of **140 or more**: Candida Yeasts **almost certainly** play a role in causing health problems in your child.

NO INFORMATION in this presentation SHOULD BE RELIED UPON TO MAKE A MEDICAL DIAGNOSIS, TREAT, PREVENT OR CURE ANY DISEASE OR MEDICAL CONDITION.



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1. During the 2 years before your child was born, were you bothered by recurrent vaginitis, menstrual irregularities, premenstrual tension, fatigue, headache, depression, digestive disorders or "feeling bad all over"? (30 points)

2. Was your child bothered by Thrush (white coating on tongue or lips)? (Score 10 if mild, score 20 if severe)

3. Was your child bothered by frequent diaper rashes in infancy?
(Score 10 if mild, score 20 if severe or persistent)

4. During infancy, was your child bothered by colic and irritability lasting over 3 months?
(Score 10 if mild, score 20 if moderate to severe)

5. Are his/her symptoms worse on damp days or in damp or moldy places? (20 points)

6. Has your child been bothered by recurrent or persistent "athlete's foot" or chronic fungus infections on his/her skin or nails? (30 points)

7. Has your child been bothered by recurrent hives, eczema or other skin problems? (10 points)

8. Has your child received:

a. Four or more courses of antibiotic drugs during the past year? Or has he/she received continuous "prophylactic" courses of antibiotic drugs? (60 points)

b. Eight or more courses of "broad spectrum" antibiotics (such as amoxicillin, Keflex, Seprtr, Bactrim or Ceclor) during the past three years? (40 points)

9. Has your child experienced recurrent ear problems? (20 points)

10. Has your child had tubes inserted in his/her ears? (10 points)

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11. Has your child been labeled "hyperactive"? (Score 10 if mild, score 20 if moderate to severe)

12. Is your child bothered by learning problems (even though his/her early development history was normal)? (10 points)

13. Does your child have a short attention span? (10 points)

14. Is your child persistently irritable, unhappy and hard to please? (10 points)

15. Has your child been bothered by persistent or recurrent digestive problems, including constipation, diarrhea, bloating or excessive gas? (Score 10 if mild; score 20 if moderate; score 30 if severe)

16. Has your child been bothered by persistent nasal congestion, cough and /or wheezing? (10 points)

17. Is your child unusually tired or unhappy or depressed? (Score 10 if mild, score 20 if severe)

18. Has your child been bothered by recurrent headaches, abdominal pain, or muscle aches? (Score 10 if mild, score 20 if severe)

19. Does your child crave sweets? (10 points)

20. Does exposure to perfume, insecticides, gas or other chemicals provoke moderate to severe symptoms? (30 points)

21. Does tobacco smoke really bother him/her? (20 points)

22. Do you feel that your child isn't well, yet diagnostic tests and studies haven't revealed the cause? (10 points).