



ONEONTA MONTESSORI SCHOOL



Physical Education Release Form **Transitional Kindergarten - 5th Grade** **School Year 2026-2027**

P.E. is held on Tuesdays and Thursdays.
Students must wear the P.E uniform to school on these days.
Girls: Pants or shorts only with polo shirt. No skorts.

ALL STUDENTS MUST WEAR ATHLETIC SHOES FOR P.E.

It is important for us to be aware of any injury, illness, or operation your child has had that may affect his/her performance in Physical Education class (allergies, asthma, broken bone that did not heal properly, heart condition, etc.)

_____ My child does ***NOT*** have any physical condition or illness which may prevent him/her from participating in the Physical Education class at Oneonta.
_____ I authorize my child to participate in all physical activities at Oneonta.

_____ My child ***HAS*** a physical condition or illness which may hinder him/her from participating in the Physical Education class.
(Please describe: illness, injury, surgery, medications & limitations).

_____ I am submitting a doctor's note (required).

_____ I do not authorize my child to participate in any/all physical activities at Oneonta.

Student(s) name	_____	Grade	_____
	_____	Grade	_____
	_____	Grade	_____

Parent's signature

Date

Revised 6/25/26