

## Join The Movement To Keep California Golden And Save Energy

Saving energy doesn't have to be hard. There are many things you can do right now in your home to save energy and be the hero future generations need. When we make small changes to our energy use, we can breathe cleaner air, fight climate change and create positive, lasting change in Temecula. It takes all of us, so join lifestyle expert Libier Reynolds and [Energy Upgrade California](#) in the movement to keep California golden. Try these simple tips in your home.

### Unplug It

Gaming consoles, computer monitors, coffee makers and other small appliances should be unplugged when not in use. Leaving charged smartphones and laptops plugged in also wastes energy and can damage the battery.

### Shut It Down For The Day

Did you know that even in the "off mode," some equipment and appliances are still using energy? A power strip with an on/off switch dedicated to a home office or distance learning area can make a difference in reducing so-called phantom loads.

### It's Too Bright

Turn down the screen brightness and use "eco-mode" and other energy-saving features on devices. Lowering the brightness on TVs and computer monitors may help you use up to 20 percent less energy!

### Set Your Thermostat Appropriately

Consider setting your thermostat to 68 degrees or lower in colder weather months to stay comfortable and save energy. Remember, your home doesn't need to be at the perfect temperature when you aren't home, so make it a habit of adjusting the temperature when heading out for the day.



For more information about how you can join the movement, visit Energy Upgrade California's website.

