



CANYONS, CANYONS, CANYONS

GRAND CANYON, FLAGSTAFF,
PAGE AND SEDONA

ARIZONA
GRAND CANYON STATE

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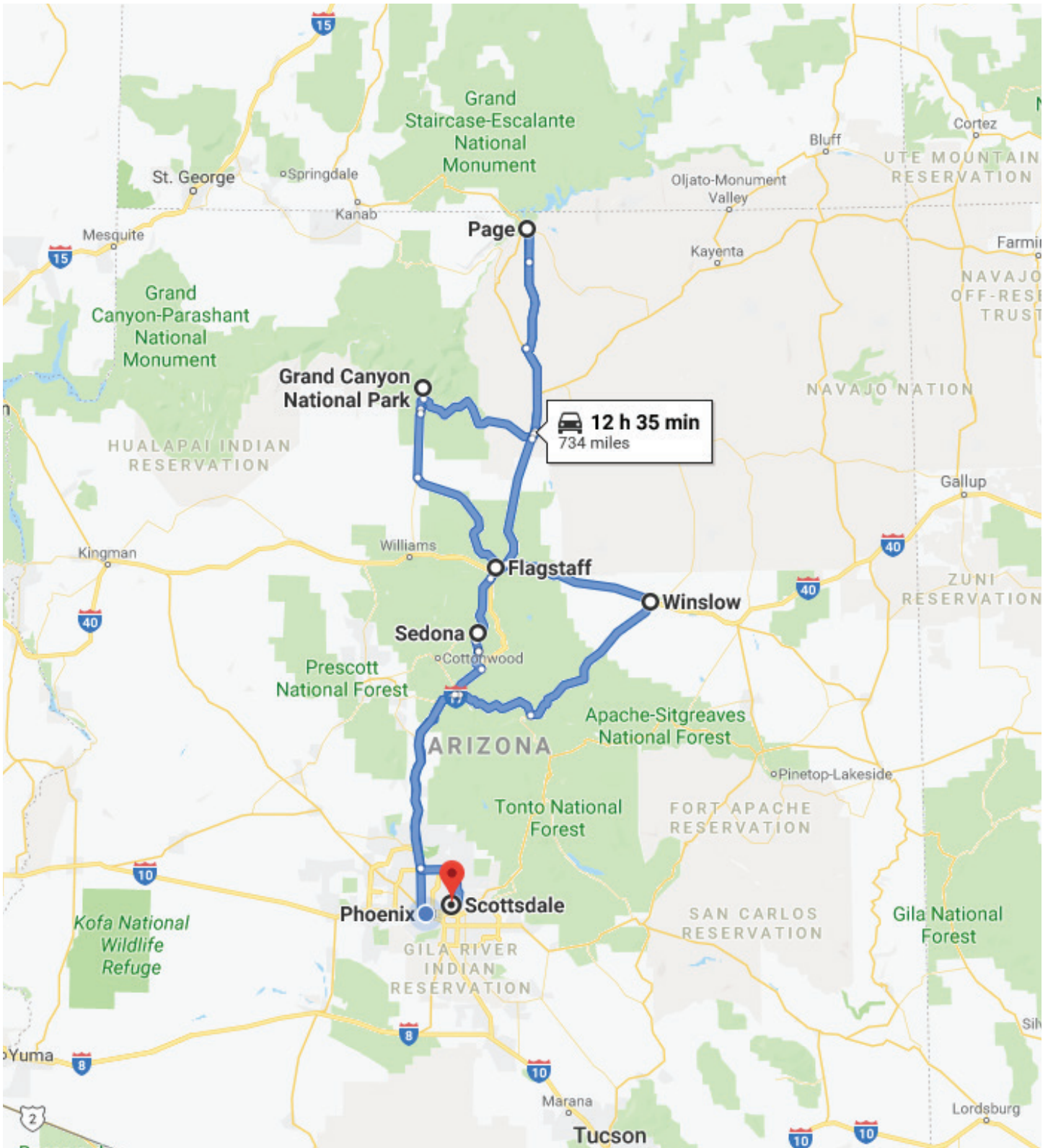
The background of the entire page is a composite of two canyon photographs. The left side features a lighter, more ethereal image of a canyon with soft lighting. The right side features a darker, more dramatic image of a canyon with strong, warm lighting that highlights the textures of the rock walls. The text is overlaid on the left side.

ARIZONA

GRAND CANYON STATE

Arizona, named the Grand Canyon State, is known as home to one of the Seven Wonders of the World, in addition to many wonderful lesser-known canyons that are also quite grand. Visit the one and only Grand Canyon, as well as the beautiful Walnut Canyon of Flagstaff, the striking sandstone Antelope Canyon in Page, the ravishing red rock Boynton and Oak Creek Canyons of Sedona, as well as all of the inspiring landscapes along the way.

CANYONS, CANYONS, CANYONS ROAD MAP



DAY 1

PHOENIX – WINSLOW – FLAGSTAFF

MORNING

Depart Phoenix for Winslow. The drive is 185 miles or 297.7 kilometers.

Visit the **Rock Art Canyon Ranch**, a working cowboy-run ranch that is home to one of the finest stands of Anasazi petroglyphs in the Southwest. Guests can ask to view the small pioneer-cowboy and Anasazi museums furnished with artifacts found on the ranch.

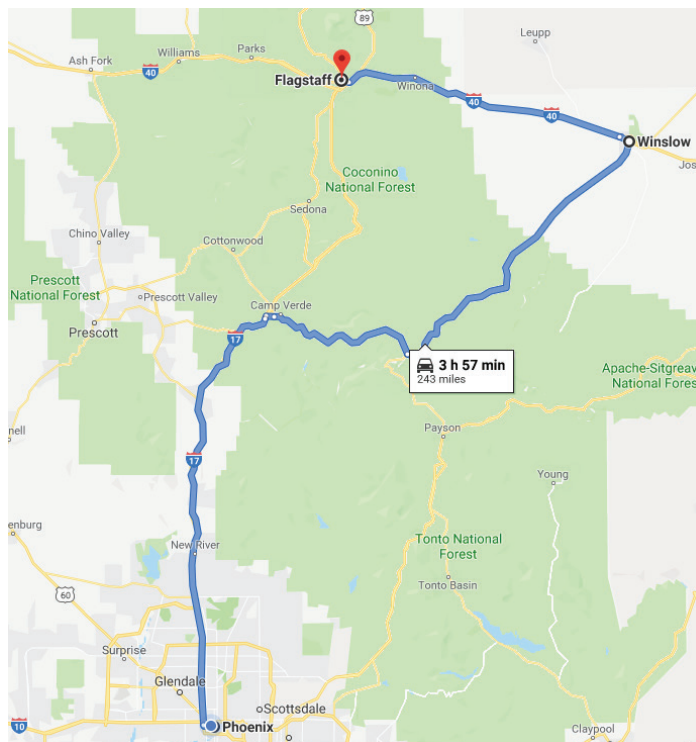
Tel: (928) 386-5047

The end of Rock Art Ranch Rd, Winslow, AZ 86047

Enjoy lunch at **The Turquoise Room in La Posada Hotel** in Winslow. Considered by many to be the finest restaurant in the entire Four Corners region, The Turquoise Room was created in 2000 under the direction of renowned Chef John Sharpe who oversees every detail of the preparation and service. The restaurant re-creates the elegant dining experience of the famous Turquoise Room dining car on the Santa Fe Railway's Super Chief that was frequented by Hollywood Stars like Eleanor Powell. Everything was designed for this special setting—leather & wood chairs modeled on a La Posada original, brocade booths of emerald green, Verne Lucero's magnificent chandeliers, and even Tina Mion's stained-glass mural of La Posada patron saints Ysidro, Pascual and Barbara.

Tel: (928) 289-2888

305 E 2nd St, Winslow, AZ 86047



AFTERNOON

Drive approximately 1 hour to Flagstaff to Walnut Canyon National Monument. The drive is 57.5 miles or 92.5 kilometers.

Visit **Walnut Canyon National Monument**. Hundreds of years ago, the Sinagua Indians arrived at Walnut Canyon with new ideas and skills including masonry. They built more than 300 small cliff rooms in the recesses of the canyon's limestone walls, the ruins of which still stand. The visitor's center and hiking trails are located within the monument. No camping facilities are available in the park, but a picnic area is provided. The main trail involves a climb of 185 ft. on a stairway.

Tel: (928) 526-3367

3 Walnut Canyon Rd, Flagstaff, AZ 86004

EVENING

Check in one of the many accommodations available in Flagstaff or try the **Hotel Aspen**. The Hotel Aspen is part of the Inn Suites boutique hotel collection and is located on the historic Route 66, less than a mile from downtown Flagstaff. The Hotel Aspen offers a complimentary hot breakfast buffet and an evening social hour. Hotel guests will rest easy on their Pillow-top Cloud 9 Beds.

Tel: (928) 774-7356

1008 E Rte 66, Flagstaff, AZ 86001

Suggested dinner at the **1899 Bar and Grill**. Northern Arizona University campus opened its historic North Union doors to a new dining experience in 2011. Called the 1899 Bar and Grill, this upscale restaurant is named after the University's founding year and is a testament to the University's modernization with a nod to its history and roots. The restaurant combines an American bistro with a contemporary Southwest steakhouse and features many foods native to the region. A full bar, with an extensive list of local tap beers and wines, complete this dining experience.

Tel: (928) 523-1899

307 W. DuPont Ave., Flagstaff, AZ 86001

Stroll along the **Flagstaff Ale Trail**. The Flagstaff Ale Trail is a self-guided, walking tour of local craft breweries and a perfect chance to check out the historic downtown area. Along with a passport (available online), Ale



Standing On A Corner Park



Walnut Canyon National Monument

Trail walkers receive a map, special discounts at participating breweries, and passport stamps at each stop along the route of this hand-crafted beer tasting adventure. Breweries along the Ale Trail include Beaver Street Brewing Company, Mother Road Brewery (pictured), and Mogollon Brewing Company. Patrons may arrange a taste and tour in advance.

Location: Multiple

Explore Flagstaff on the **Alpine Pedaler Tour**. Hit the town and tour local watering holes in true Flagstaff style, when you hop on Alpine Pedaler's 14-passenger, human-powered party on wheels. The "pedaler" is part bicycle, part pub crawl and 100 percent fun. An Alpine Pedaler driver leads all groups, but the passengers must pedal through the streets of historic downtown and Southside Flagstaff. The regularly-scheduled pub crawl goes rain or shine (or snow) and features VIP discounts at nearly a dozen establishments. Tickets for individual seats are available for the weekly pub crawl or guests can rent the entire Alpine Pedaler for an event, private party, or even a progressive dinner. In addition to the traditional pub crawl, the Alpine Pedaler offers monthly downtown restaurant tours.

Tel: (928) 213-9233

22 E Birch Ave, Flagstaff, AZ 86001

DAY 2

FLAGSTAFF – GRAND CANYON

MORNING

Enjoy breakfast at your leisure at **PJ's Historic Route 66 Café**, located within Hotel Aspen. The buffet is open between 6:30 a.m. and 8:00 a.m. Complimentary breakfast features scrambled eggs, potatoes, homemade Belgian waffles and cereal.

Tel: (928) 774-7356

1008 E Route 66, Flagstaff, AZ 86001

Visit the Museum of Northern Arizona. The **Museum of Northern Arizona** is considered Northern Arizona's premier museum to learn about Native cultures, tribal life, and traditional arts and stories of the surrounding region. Interactive exhibits feature geology, natural history, anthropology, and archaeology of the Colorado Plateau.

Tel: (928) 774-5213

3101 N. Ft. Valley Rd., Flagstaff, AZ 86001

Visit the **Flagstaff Extreme Adventure Course**. The course, which opened in the spring of 2012, is a series of exciting outdoor physical challenges nestled in the heart of the Coconino National Forest. Participants experience new thrills and test personal limits in a safe and controlled environment. The Tree Top Adventure course is an elevated obstacle course set in the Ponderosa Pines, securely suspended between the trees at 15 to 60 feet off the ground. Features of course include suspended bridges, swings, slides, nets, zip lines, and even an aerial surf board. The difficulty increases with each course, catering to all ranges of skill levels.

Tel: (888) 259-0125

Fort Tuthill County Park, Flagstaff, AZ 86005

AFTERNOON

Enjoy a lunch in Flagstaff at **Satchmo's**. The soul food oriented restaurant serves authentic BBQ, Cajun and Creole-ribs, beef brisket, pulled pork, jambalaya, gumbo, catfish and red beans with rice. Good for your soul food.

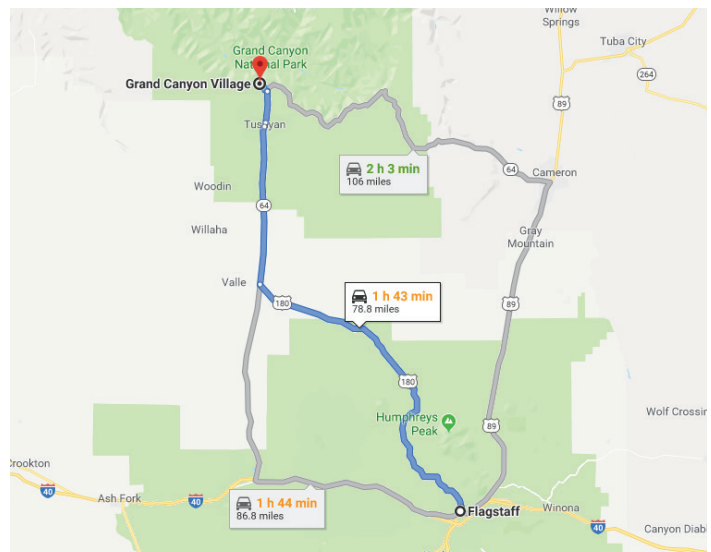
Tel: (928) 774-7292

2320 N Fourth St, Flagstaff, AZ 86004

Depart Flagstaff for Tusayan. The drive is 72.2 miles or 116.2 kilometers. See the Grand Canyon from above with **Papillon Grand Canyon Helicopters**. A Papillon Helicopter Tour is a front-row seat experience that allows visitors to see the beauty of the Grand Canyon from a birds-eye



Flagstaff



Papillon Grand Canyon Helicopters



perspective. Enter the Dragon Corridor, as this exciting tour puts you in the action. Marvel at the Canyon's legendary beauty while relaxing in comfort. Spending an entire day walking around the Grand Canyon could never allow you to see a fraction of the sights a breathtaking 25 minute tour offers.

Tel: (702) 736-7243

Papillon Heliport, 3568 Airport Rd., Grand Canyon Village, Arizona 86023

Dinner suggestion: El Tovar Lodge. Gourmet dining in an atmosphere of casual elegance is what's on the menu at the El Tovar Dining Room, located in the historic El Tovar Hotel. It features a majestic dining room constructed of native stone and Oregon pine and traditional in decor and ambiance. The menu blends regional and classical flavors while utilizing contemporary techniques. The El Tovar Dining Room is considered the premier dining establishment at the Grand Canyon.

Tel: (928) 638-2631

1 El Tovar Rd, Grand Canyon, AZ 86023

Spend the night in accommodations in Tusayan or on the Rim such as the **Yavapai Lodge East**. The lodge is located in the pine and juniper woodlands between Yavapai Point and El Tovar, just minutes from the Canyon rim and located next to the Market Plaza, which includes a general store, bank, and U.S. Post Office. Yavapai Lodge features a cafeteria (Canyon Café) that is open for breakfast, lunch, and dinner. The curio shop has a wide range of gifts and a transportation/activities desk is located in the lobby. All rooms have cable television, A/C, refrigerator, telephone, and full baths. For more information, contact the Yavapai Lodge East at (877) 404-4611.

Tel: (928) 638-4001

11 Yavapai Lodge Rd, Grand Canyon Village, AZ 86023



DAY 3

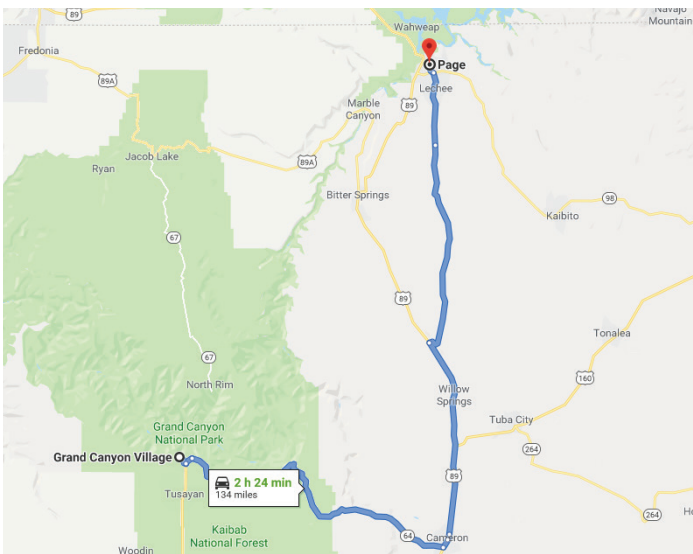
GRAND CANYON – PAGE

Remember to wear comfortable shoes appropriate for use in and around water, bring a bathing suit as well as a light wind breaker.

MORNING

Depart Grand Canyon for Page, to visit southwestern gems like **Lake Powell** and **Glen Canyon National Recreation Area**. The drive is 108.6 miles or 174.7 kilometers. Lake Powell and the encircling Glen Canyon are located in the spectacular high desert of the southwestern United States. The National Park is protected in its natural state by legislation and encompasses over 1,900 square miles of southern Utah and northern Arizona. The cool azure blue waters of Lake Powell meander for 186 miles through majestic sandstone rock formations, towering canyon walls and vibrant red rock buttes. The shoreline is seemingly endless in scope, stretching for nearly 2,000 miles, a distance greater than the entire Pacific coast of the United States. It would take a lifetime of visits to explore all 96 major canyons on this enormous lake. Lake Powell is an oasis, a crystal clear body of water framed by what many consider to be the most breathtaking landscape on earth. The allure of the untamed terrain and surprising solitude invites one back again and again. Today's visitors find a myriad of recreational activity at Lake Powell. Hikers are free to explore wondrous nature trails, while boaters cruise the lake to explore her mysterious canyons and surrealistic rock formations. Those seeking excitement can skip across the water on jet or water skis and those looking for tranquility can cast a fishing line from the dock or a boat. There's literally something for everyone at Lake Powell.

Embark on a tour of **Lower Antelope Canyon**. Approximately 15 minutes east of Page, enter one of the most exciting slot canyons in the Southwest, United States. Over the years, Lower Antelope Canyon has become a favorite gathering place for photographers, tourists, and visitors from around the world. The Navajo name for Lower Antelope Canyon is Hasdeztwazi





Lower Antelope Canyon

or “Spiral Rock Arches.” Many years ago, herds of Pronghorn Antelope roamed freely in and around the canyon, which explains the English name. This incredible canyon has been created over many thousands of years by the relentless forces of water and wind, slowly carving and sculpting the sandstone into forms, textures, and shapes which we observe today. The views in Lower Antelope Canyon change constantly as the sun moves across the sky, filtering lights softly across the stone walls. These ever-moving sun angles bounce light back and forth across the narrow canyon’s walls, creating a dazzling display of color, light, and shadow.

Tel: (928) 606-2168

Location: Page, AZ 86040

AFTERNOON

Enjoy a lunch in town or at **Jádi To’oh Restaurant at Antelope Marina**. Jádi To’oh is Navajo for ‘Antelope Springs.’ The marina is a new, architecturally significant marina on the southwest shores of Lake Powell. Located just seven miles from the City of Page, Arizona, the resort-marina is uniquely positioned within the boundaries of the Navajo Nation and the Glen Canyon National Recreation Area. With its striking architecture, generous use of glass, and southwest design elements, Marina Village adds to the magnificence of its backdrop, while paying homage to Native American culture and the surrounding environment. The result? A Marina unlike any other.

Tel: (928) 645-5900

Location: 537 Marina Parkway, Hwy N22 B, Page, AZ 86040

Head out on a **powerboat tour** or a **truck** and walking tour of Upper Antelope Canyon and Navajo Canyon. Antelope Canyon is the most-visited and most-photographed slot canyon in the American Southwest. It is located on Navajo land near Page, Arizona. Antelope Canyon includes two separate, photogenic slot canyon sections, referred to individually as Upper Antelope Canyon or The Crack; and Lower Antelope Canyon or The Corkscrew. Upper Antelope Canyon is called Tsé bigháníliní, “the place where water runs through rocks” by the Navajo. It is the most frequently visited by tourists, due to two considerations. First, its entrance and entire length are at ground level, requiring no climbing. Second, beams (shafts of direct sunlight radiating down from openings in the top of the canyon) are much more common in Upper than in Lower. Antelope Canyon is a popular location for photographers and sightseers, and a source of tourism business for the Navajo Nation. It has been accessible by permit only since 1997, when the Navajo Tribe made it a Navajo Tribal Park. Photography within the canyons is difficult due to the wide exposure range (often 10 EV or more) made by light reflecting off the canyon walls. Entry to Antelope Canyon is restricted to guided tours led by authorized guides.

For boats:

Tel: (888) 896-3829

100 Lake Shore Dr, Page, AZ 86040

For trucks:

Tel: (928) 645-9102

22 South Lake Powell Blvd, Page, AZ 86040



Navajo Loop Trail

MORNING

Depart Page for Sedona. The drive is 157.8 miles or 253.9 kilometers. Surrounded by magnificent red rock formations, cooled by the rushing waters of Oak Creek, Sedona offers world-class resorts, inns, restaurants, 40 galleries and hundreds of unique shops. Experience many arts and cultural activities, plus golf, hiking, jeep tours and other adventures in the stunning surroundings. Enjoy mild weather year round. Known worldwide for its red rock beauty, the community of Sedona sits in the heart of Central Arizona, 120 miles north of Phoenix and 30 miles south of Flagstaff. At an elevation of 4500 feet, Sedona enjoys four delightfully mild seasons. The breathtaking natural beauty, climate, and clean air and water combine to make Sedona Arizona's second most popular tourist attraction. Sedona's cultural richness and diversity make it a haven for artists, writers, entrepreneurs and visitors, as well.

AFTERNOON

Arrive in Sedona and enjoy lunch at **Orchard Canyon on Oak Creek**. Orchard Canyon is located on Oak Creek with seventeen cozy cabins nestled on ten lush acres of organic gardens and apple orchards. It is a scenic treasure that boasts mature sycamore and ash trees, green grass, and a trickling mountain stream running alongside. Views of the red rock cliffs towering above can be enjoyed through the canopy of trees.

Tel: 928) 282-3343

8067 N. State Route 89A, Sedona, Arizona 86336

Take a Tom Car Tour by **Sedona Off-Road Center**. The Sedona Off-Road Center offers fun tours or self-guided experiences on tom cars and ATVs through Red Rock Country. Travel at your own pace, when, and where you want, on all the famous jeep and off-roading trails of Sedona.

Tel: 928-284-4735

145 West S.R. 89A, Sedona, AZ 86336

Visit **Boynton Canyon**, one of the most scenic box canyons in the Southwest. Boynton Canyon is popular for its outstanding scenery, as well as its reputation as a location for a New Age "vortex" – a sort of energy field emanating from inner earth. Whether or not you subscribe to this bit of modern mysticism, you'll no doubt agree that some sort of magic exists here among the towering buttes, crimson cliffs and natural desert gardens.

Tel: (928) 527-3600

2 miles west of Sedona



Boynton Canyon



Oak Creek

EVENING

Spend the night at an inn, resort, in a hotel, a bed and breakfast or try **Enchantment Resort**. In Sedona, surrounded by the majestic red rock formations of Northern Arizona's Boynton Canyon, Enchantment Resort combines luxury with rugged grandeur inspired by Native American culture which is honored every day through the resort's Native American Program. The resort's adobe casita-style accommodations offer world-class comforts amid its pristine 70-acre setting. Activities include hiking, mountain biking, croquet, tennis, swimming, and Mii amo, a destination spa at Enchantment. **Tel: (928) 282-2900**

525 Boynton Canyon Rd, Sedona, AZ 86336

Indulge in a wine dinner at **Che Ah Chi**, on the Enchantment Resort property. Che Ah Chi, the signature dining experience at Enchantment Resort is graced with 180-degree views offers an impressive menu for breakfast, dinner and brunch on Sundays. The contemporary atmosphere, coupled with the dramatic views of the canyon, creates a unique and visually engaging backdrop for an intimate dinner and truly memorable evening. Truly a chef driven restaurant, Che Ah Chi is the perfect venue for showcasing the stylistic cuisine of Executive Chef David Schmidt. His Arizona Cuisine is a meld of Contemporary American styles with Southwestern influence in variety of unique dishes that are bold and intriguing. An innovative menu utilizing a diverse selection of regionally sourced ingredients emphasizes the chef's passion for experimenting with flavor combinations.

Tel: (928) 204-6000

525 Boynton Canyon Rd, Sedona, AZ 86336



Enchantment Resort

DAY 5

SEDONA – SCOTTSDALE

MORNING

Morning Potential morning activities at **Enchantment Resort**:

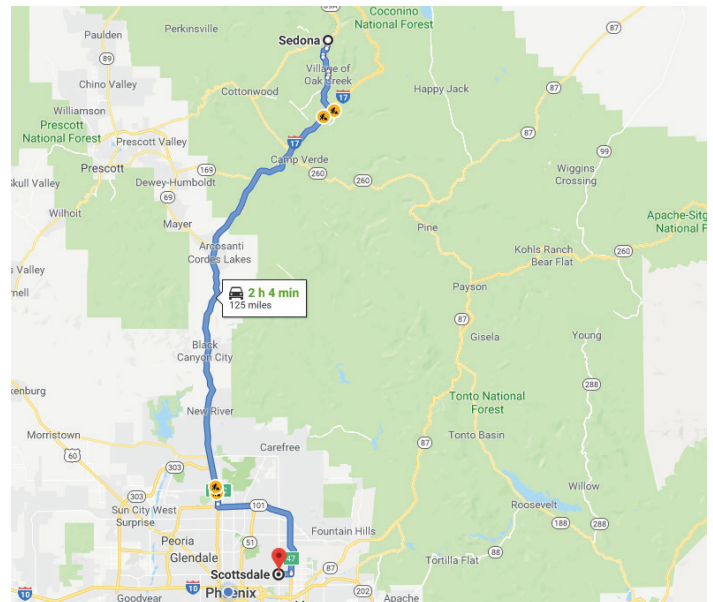
- Mountain Biking
- Sunrise Stretch
- Bird-Watching Hike
- Morning Ritual
- Mii Amo Spa Treatment
- Morning Swim
- Watercolor Class
- Tabata
- Sunrise Qi Gong
- Yoga
- Bosu
- Creative Photography Class

Enjoy a breakfast in **Mii Amo Spa's Mii amo Café**. The café offers private tables, plus a 16-seat community table where spa guests can meet new friends and enjoy the delicious and intelligent cuisine. The exhibition-style kitchen showcases Mii amo Café's own style of contemporary, eclectic cuisine. Organic ingredients from local sources, as well as the chef's garden adjacent to the spa, are used whenever possible. Along with savoring the tasty cuisine at Mii amo Café, guests are also invited to participate in a Journey of Teas, organic garden tours, and cooking demonstrations to learn great culinary tips for some favorite dishes.

Tel: (844) 993-9518

525 Boynton Canyon Rd, Sedona, AZ 86336

Depart for Scottsdale. The drive is 124.9 miles or 201 kilometers. In the heart of the Sonoran Desert, Scottsdale welcomes you with the energy of a sophisticated city on the move, the charm and hospitality of days gone by, and a breathtaking landscape that will inspire you to vacation-induced bliss.



Pinnacle Peak

AFTERNOON

Visit Historic **Old Town Scottsdale**. Enjoy the galleries, shops, restaurants, and bars on some of the same streets that have been stomped on by the cowboys of the early 1900's frontier. Historic Old Town encompasses many historical establishments such as the Rusty Spur Saloon and Cavalliere's Blacksmith Shop. The Scottsdale Museum of Contemporary Art and the Scottsdale Historical Museum are also located in the Old Town district.

The blocks surrounding the E Main St/N Scottsdale Rd intersection, Scottsdale, AZ 85251

EVENING

Every kind of dining is available in Scottsdale! But, you might try **Diego Pops**. Known for their tacos, margaritas, and churros, this local favorite restaurant serves up modern Mexican food in a vibrant, playful atmosphere.

Tel: (480) 970-1007

4338 N Scottsdale Rd, Scottsdale, AZ 85251

Scottsdale is well known for their resorts and there are several to choose from. You might try **The Phoenician**. A visual masterpiece of nature, architecture and fine art, The Phoenician is an AAA Five Diamond luxury resort that rises majestically from the base of Camelback Mountain. Embodying the spirit and vitality of the Southwest, guests are immersed in the exclusive privacy within 250 acres of glorious gardens, fountains and manicured lawns. Recreational amenities include 27 holes of championship golf, 12-court Tennis Garden, nine swimming pools, a 165 foot water slide, a private 2-acre Cactus Garden, a \$25 million art collection and the acclaimed Centre for Well-Being spa with a peaceful Meditation Atrium.

Tel: (480) 941-8200

6000 East Camelback Road, Scottsdale, AZ 85251

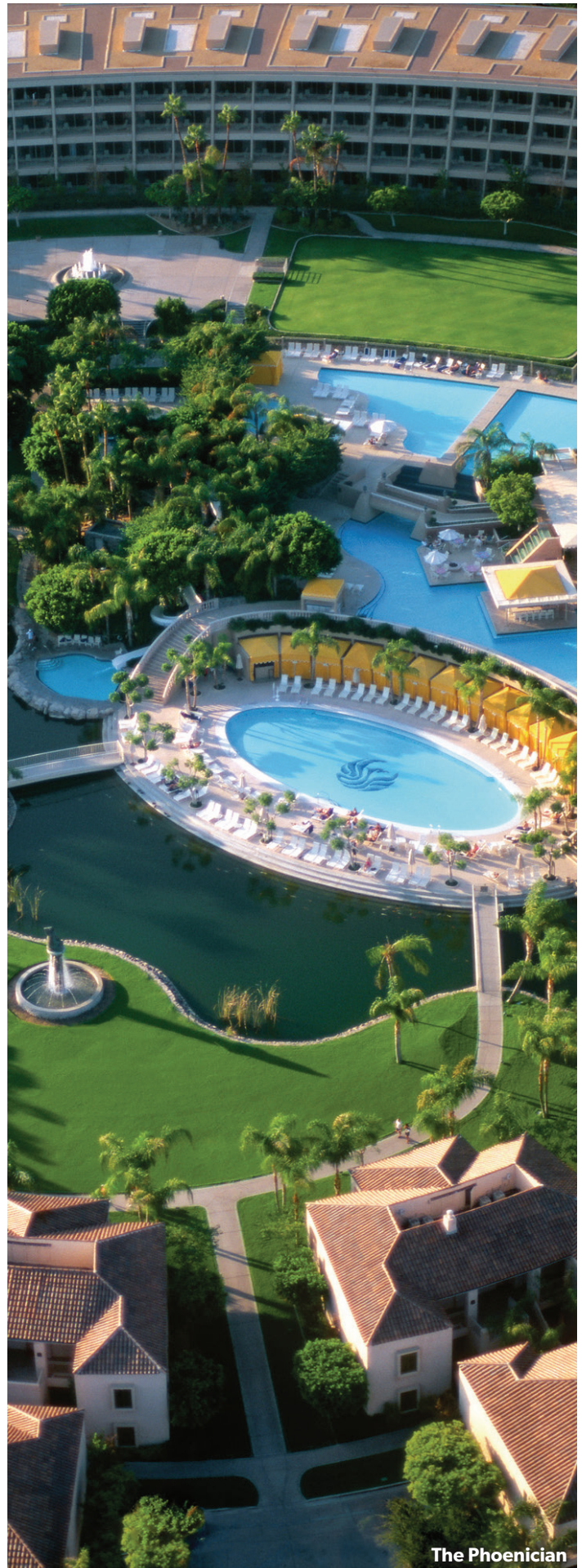
Spend a few more days exploring all that Arizona has to offer, or depart.

ARIZONA
GRAND CANYON STATE

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**Jack Knife Sculpture,
Old Town Scottsdale**



The Phoenician