ZILO user guide

Features

- Pneumatic height adjustment
- 3-way Adjustable Arm Rest or Fixed Loop Arms
- Full Syncro Mechanism with Tension Adjuster
- 2 Position Lock with Sliding Seat Mechanism
- Adjustable Lumbar Support
- Removable seat covers

Proper Posture in ZILO

Sit fully back in the chair keeping body weight fully on the seat will stabilize and prevent tilting forward out of the chair.

**Features**

- **Tilt Control**
  - 3 position locking mechanism

- **Tension Adjuster**
  - (controls resistance to body weight)

- **Seat Slider**

- **Height Adjustment**

- **3-way Adjustable Arm Rests**
  - (forward/back, side-to-side, up and down)