

# Personality Plus User Guide



## Headrest

Supports the head and neck.



## Hook Button

Allow users to store small items, to save closet space.



## Adjustable Lumbar

Slide up or down for additional back support. Position the lumbar to fit comfortably into the curve of your lower back.



## Drafting Ring for Stool

The ring has an adjustable height range of 60mm. To adjust, hold inner hub and rotate foot ring in a counter clock-wise direction to loosen. Set the foot ring at a desired height and rotate in a clock-wise direction to tighten. Ensure foot ring is fully fastened and secured to the pneumatic cylinder.



## Height/Width/Pivot/Depth

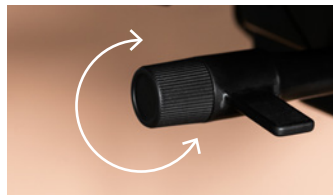
### Adjustable Arms

Lift button under arm caps to adjust height. To adjust arm cap position, grasp arm cap and slide or pivot in any direction. Your elbows should stay close to your sides and your wrists straight.



## Seat Depth

Lift lever and hold, slide seat forward or back, and release lever to lock. With your back against the chair, you should have 55mm - 70mm of space between the back of your knees and the seat edge.



## Back Tension & Back Angle

Turn the dial to one of the three comfort settings:

- Upright back lock
- Full recline with weight-activated tension + boost
- Full recline with weight-activated tension



## Seat Height

To raise the chair, lift your body weight and pull lever up. To lower the chair, stay seated and pull lever up.