3-way adjustable arm rests
(forward/back, side-to-side, up and down)
Press button to adjust arms.

height adjustable lumbar
Place hands on left and right sides to glide up or down.

seat depth
Lift lever and hold, slide seat forward or back, and release lever to lock.

back tension
Controls resistance to body weight. Turn knob forward for more resistance and backward for less.

seat height adjustment
To raise the chair, lift your body weight and pull lever up. To lower the chair, stay seated and pull lever up.

back stop
4 comfort settings
Set recline angle by rotating the paddle to any of the four positions. When the paddle is horizontal, the back will allow you to fully recline.

Smart Sync Mechanism
3-way adjustable arm rests
(forward/back, side-to-side, up and down)
Press button to adjust arms.

height adjustable lumbar
Place hands on left and right sides to glide up or down.

seat depth
Lift lever and hold, slide seat forward or back, and release lever to lock.

back tension
Controls resistance to body weight. Turn knob forward for more resistance and backward for less.

seat height adjustment
To raise the chair, lift your body weight and pull lever up. To lower the chair, stay seated and pull lever up.

back stop
4 comfort settings
Set recline angle by rotating the paddle to any of the four positions. When the paddle is horizontal, the back will allow you to fully recline.

Smart Sync Mechanism
3-way adjustable arm rests
(forward/back, side-to-side, up and down)
Press button to adjust arms.

height adjustable lumbar
Place hands on left and right sides to glide up or down.

seat depth
Lift lever and hold, slide seat forward or back, and release lever to lock.

back tension
Controls resistance to body weight. Turn knob forward for more resistance and backward for less.

seat height adjustment
To raise the chair, lift your body weight and pull lever up. To lower the chair, stay seated and pull lever up.

back stop
4 comfort settings
Set recline angle by rotating the paddle to any of the four positions. When the paddle is horizontal, the back will allow you to fully recline.

Smart Sync Mechanism
3-way adjustable arm rests
(forward/back, side-to-side, up and down)
Press button to adjust arms.

height adjustable lumbar
Place hands on left and right sides to glide up or down.

seat depth
Lift lever and hold, slide seat forward or back, and release lever to lock.

back tension
Controls resistance to body weight. Turn knob forward for more resistance and backward for less.

seat height adjustment
To raise the chair, lift your body weight and pull lever up. To lower the chair, stay seated and pull lever up.

back stop
4 comfort settings
Set recline angle by rotating the paddle to any of the four positions. When the paddle is horizontal, the back will allow you to fully recline.
3-way adjustable arm rests
(forward/back, side-to-side, up and down)
Press button to adjust arms.

Height adjustable lumbar
Place hands on left and right sides to glide up or down.

Seat depth
Lift lever and hold, slide seat forward or back, and release lever to lock.

Seat height adjustment
To raise the chair, lift your body weight and pull lever up. To lower the chair, stay seated and pull lever up.

Back tension
Controls resistance to body weight.
Turn knob clockwise for more resistance and counterclockwise for less.

Back lock
Position locking mechanism
Set lock by pushing down the paddle.